

# PATH OF AN RYT™ 200

Journey from Foundational to Professional Credentials

## FOUNDATIONAL TRACK



Graduate from RYS™ 200

Become certified yoga teacher by RYS 200



## MEMBERSHIP

APPLY FOR RYT 200 CREDENTIAL

**BEGINNING FEBRUARY 2020**  
Agree to shared Ethical Commitment

- Scope of Practice
- Code of Conduct
- Equity in Yoga

RYT 200



Pursue lifetime of learning as yoga student and teacher

Commit to 30 Continuing Education credits over 3 years



## PROFESSIONAL TRACK

Teach 1,000 hours (min.) across 2 or more years



Graduate from RYS 300 or RYS 500

Earn specialty credential (RPYT, RCYT)

Future consideration by Yoga Alliance and yoga community for new specialty credentials

Become Continuing Education Provider

E-RYT 200



RYT 500

Teach 2,000 hours (min.) across 4 or more years, with 500 hours occurring after RYS 200 or RYS 500 graduation

E-RYT 500



Become Assistant Teacher Trainer

Become Lead Trainer

Future consideration by Yoga Alliance and yoga community for mastery level credentials