

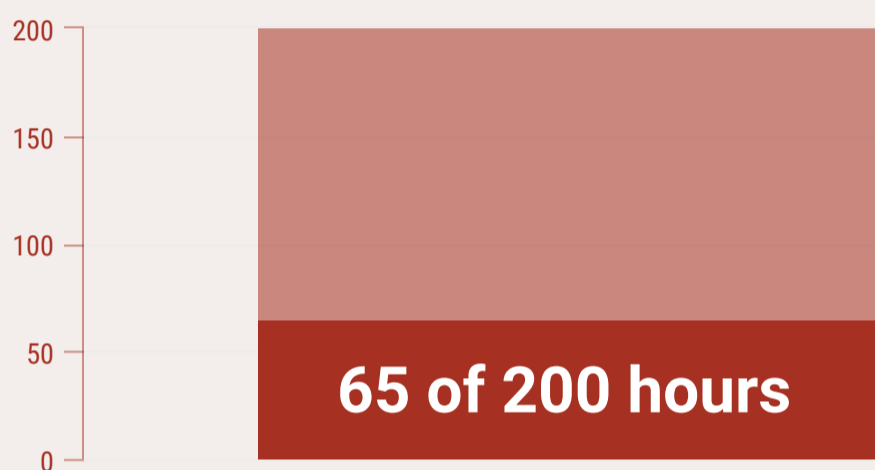
ENHANCED LEAD TRAINER REQUIREMENTS

For Elevated RYS 200 Standards

Legacy Standards

The up-to-two Lead Trainers can hold one of the two below credentials:

E-RYT 200 or E-RYT 500

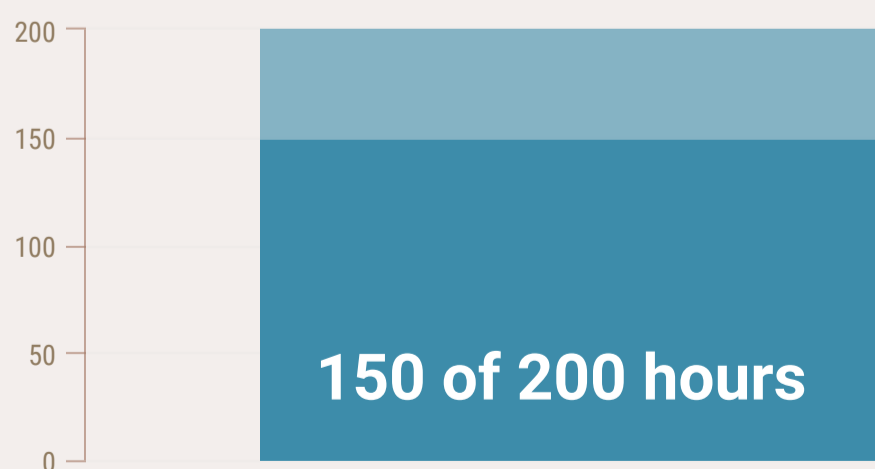


...must be taught by the Lead Trainer

Elevated Standards – by February 2022*

The up-to-five Lead Trainers must hold the credential below:

E-RYT 500



...must be taught by the Lead Trainer

Why elevate Lead Trainer standards?

- To ensure that those new to yoga teaching will be guided and supported by teachers who have a deep familiarity with yoga's full breadth and depth
- To promote consistency, quality, and safety in training, teaching, and delivering yoga throughout our communities

When will these changes take effect?

- February 2022*

Why?

- To allow for more than 24 months for RYSs and RYT's to plan and prepare

Sample Pathway to get to E-RYT 500 Status

You graduated from an RYS 200 prior to February 2018.

You register for and graduate from an RYS 300 prior to February 2021.

Each week, you teach an average of 10 hour-long classes through February 2022 to accumulate 500 post-RYS 300 hours of teaching, added on to your 1,500+ hours of teaching since February 2018.

* Due to the impacts of COVID-19, these timelines are currently under review.